

**Title:** Early Life Traumas and the Developing Child

**Abstract:**

This workshop hopes to trace the path from childhood traumatic experiences to psychological impact, via an introduction to neurodevelopmental implications.

While it is now more accepted that children can and do get affected by traumatic experiences, the identification of those children's symptomology is not always straightforward. By increasing an understanding of the neurodevelopmental changes that can occur for children faced with repeated traumatic experiences, it is hoped that the identification of PTSD can be enhanced.

The workshop will be a forum to exchange observations, thoughts and ideas relating to the psychological effects of early life traumas and subsequent assessment and treatment implications. It is suitable for those working directly with children and also for those working with adults who want to translate their clients' early life experiences in to the symptoms that they are experiencing as adults.

In addition, a brief description of some psychological treatments for Post-Traumatic Stress Disorder (PTSD) for children and young people will be presented, including an introduction to a promising new technique called Children's Accelerated Trauma Therapy (CATT).

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