

**Christine A. Courtois**, PhD, ABPP is a Board Certified Counselling Psychologist in independent practice in Washington, DC and National Clinical Training Consultant for Elements Behavioural Health/Promises, Malibu & LA. She received her PhD from the University of Maryland College Park in 1979. Dr Courtois has recently published *Treating Complex Trauma in Children and Adolescents* co-edited with Dr. Julian Ford; *The Treatment of Complex Trauma: A Sequenced, Relationship-Based Approach* (2013) co-authored with Dr Ford; a revision of *Healing the Incest Wound: Adult Survivors in Therapy* (2010); and *Treating Complex Traumatic Stress Disorders: An Evidence-Based Guide* (2009) co-edited with Dr Ford. She has recently completed co-editing (with Drs. Donald Walker and Jamie Aten) a book on spiritually-oriented trauma treatment to be published in 2014.

Dr Courtois is the appointed chair of the American Psychological Association's PTSD Guideline Development Panel and has organised the development of guidelines for the treatment of complex trauma for three professional organizations. She is Past-President of Division 56 (Psychological Trauma) of the APA and a Founding Associate Editor of the Division's journal, *Psychological Trauma: Theory, Research, Practice, & Policy*. In 1990, she co-founded (with Joan Turkus, MD) The CENTER: Posttraumatic Disorders Program, Washington, DC, one of the first inpatient trauma programmes in the US, where she served as Clinical and Training Director for 16 years.