

Sarah Ward-Lilley is Head of International Bureaux, BBC News Group and UKPTS board member. Sarah joined BBC News in 1989 as a producer in the TV Newsroom and after working as a producer for many years, she became Managing Editor and later Deputy Head of BBC Newsgathering. In these two roles, Sarah had a special responsibility for safety, training and welfare. Last autumn, she moves into a new role, managing all the BBC's international news bureaux, supporting locally employed staff and freelancers as well as those on international postings. Inside the BBC, Sarah runs the Trauma Awareness programme for journalists, editors, HR professionals and managers, to ensure they understand trauma, can provide peer support and know how and where to get advice and support. Her connection with the UKPTS stems from a desire to deepen what she has learnt about PTSD and trauma in her work as a journalist and to share good practice with other media organisations. She has supported several PTSD research projects inside the BBC, providing resources and staff to take part.

Sarah is a Director of the Rory Peck Trust which supports freelance newsgatherers around the world and she is an advisor to the Dart Centre (Europe) for Journalism and Trauma. Away from work, she is married and has two step-sons, and splits her time between London and Hampshire. Her interests include walking, sailing, cycling, cooking and cinema.