

Gita Ingram, Dip.Cot. SROT recently retired as team leader of Edinburgh Connect, a specialist CAMHS team for looked after and accommodated children (LAAC). This role has deepened her understanding of the devastating effect on children's development of chronic trauma and neglect and widened her perspective on the role of assessment and therapy within the care system.

She has many years of varied experience in CAMHS and has written chapters on 'Psychodynamic Theories' in "Occupational Therapy for Child and Adolescent Mental Health" (ed. L. Lougher; Churchill Livingstone 2001) and 'Play and Occupational Therapy' in "Interventions for Mental Health – An Evidence Based Approach for Physiotherapists and Occupational Therapists" (eds. T. Everett et al; Butterworth-Heinemann 2003).