

Gill Moreton is a psychological therapist at the Rivers Centre in Edinburgh where she works with adults affected by traumatic stress disorders. Her clinical practice is as a CBT therapist and EMDR Consultant and with Rivers Centre colleagues Gill is also involved in training, supervision and research. Gill manages the services The Rivers Centre provides to a number of Scottish Police and Fire services and other external contractors and has a particular interest in work with staff with occupational exposure to potentially traumatic stressors. In 2012 she co-authored the Scottish Government's national Guidance on Psychosocial and Mental Health Care following major incidents.

Gill was a founder member of the UK Psychological Trauma Society and was Secretary for two years before becoming Treasurer in 2012. She is a member also of the European Society of Traumatic Stress Studies (ESTSS) Uniformed Services Task Force and a Director of the DART Europe Centre for Journalism and Trauma.

Gill has specialised in the treatment of children and adults affected by trauma for almost 20 years working for 5 years in the Dunblane Support Centre set up in response to the Primary School shootings in 1996 and then coordinating the CAMHS Child Sexual Abuse service in NHS Lothian prior to joining the Rivers Centre in June 2002. Gill's professional background is in social work and she is passionate about the need to support people within their family and social networks. She has developed resources for the friends and family of Rivers Centre clients, establishing a group model of support for adult and child "supporters".