

Dr Deborah Lee is a Consultant Clinical Psychologist, Head of Berkshire Traumatic Stress Service and South Central Veterans Service and a UKPTS board member. She is also an Honorary Senior Lecturer at University College London. Dr Lee has worked in the field of trauma for 20 years and specialises in the treatment of PTSD and complex Trauma. Her particular area of clinical and research interest is in shame based PTSD and self-criticism. She has developed the use of compassion based treatments including the use of compassionate imagery in shame based flashbacks to enhance clinical practice in this field. She has widely contributed to the dissemination of her clinical knowledge through writing and delivering over 150 clinical workshops and talks in North America and Europe.

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