

## **Trauma Recovery Across Scotland's Secure Estate: Young people with developmental trauma in residential secure care**

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**Level: this workshop is suitable for all but aimed at people who have experience of working with young people.**

This workshop will firstly share recent research, funded by the Scottish Government and conducted by the University of Dundee and Rossie Young People's Trust within Scotland's Secure Estate on the nature and extent of traumatic events and symptoms experienced by young people. This will be set within an international context. In addition, the implementation and evaluation of two evidence-based trauma recovery programmes will be explored with opportunities for participants to experience some of the programme activities from (i) the Children and War Foundation's "Teaching Recovery Techniques" programme and Ricky Greenwald's "Fairy Tale phase model" of trauma recovery.