

Advanced Skills for working with Trauma

*Convened by Berkshire Traumatic Stress Service and
ratified by the University of Reading*

Venue: Reading

Week commencing 17th September 2018

This training will focus on helping participants to develop advanced skills for working with complex (type II) trauma and specific populations affected by trauma. Special considerations (such as ethical, lifespan and cultural issues) and evidence-based practice for these clients will be covered. Workshops will be aimed at developing specific advanced techniques and knowledge.

17 th & 18 th 2018 September	Advanced Skills for working with Complex PTSD. Presented by Dr Deborah Lee & Dr Martha Nicholson
19 th September 2018	Working with Compassion. Presented by Dr Martha Nicholson & Dr Heather Tomlinson
20 th September 2018	Working with PTSD following Childhood Sexual Abuse. Presented by Dr Martha Nicholson
21 st September 2018	Working with Traumatised Military Veterans. Presented by Dr Mark Bruce & Dr Adele Stevens

For further information email cwi@reading.ac.uk

The aims of the course are to:-

- equip participants with the knowledge and skills that they will need to assess formulate and treat clients with complex trauma histories
- develop participants knowledge of specific populations affected by trauma and how to tailor work with them to meet their specific needs
- enable students to develop and build upon specialist areas of interest in working in trauma and PTSD
- constructively discuss and reflect on the clinical work of themselves and others presented in small discussion groups
- continue to develop and apply skills in self-care

Intended learning outcomes

Students will:-

- gain confidence in working with clients with complex PTSD
- gain knowledge of specific populations affected by trauma
- make theory practice links and critically reflect on clinical work with clients with complex PTSD

Brief description of teaching and learning methods

The aims of this module will be achieved through attendance at a two day workshop on the Advanced Skills course. Participants will then attend 3 days of training on specific populations affected by trauma. All workshops will be presented by specialists in the field.

Cost: £585 for all 5 days - £130 for a 1 day workshop - £250 for the 2 day workshop

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Other workshops also available:

17 th October 2018	CBT for People with Cancer. Presented by Dr Stirling Moorey
7 th November 2018	Effective Psychological Interventions for Adolescents and Adults with ASD. Presented by Dr Alisa Russell
14 th & 15 th November 2018	CBT for Eating Disorders. Presented by Prof Glenn Waller

To book places, and for more information on any of our workshops, please visit our website at:

<https://www.reading.ac.uk/charliewaller/cwi-workshops.aspx>

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