

Coordinated response for psychological care of survivors of terrorist attacks: Lessons learnt from recent programmes run in Wales, Scotland and England

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This workshop will:

1. Present what is known about psychological response to disasters and current best practice in developing psychosocial programmes
2. Describe the programmes that were delivered in England, Wales and Scotland to provide support to people affected by the terrorist attacks in Tunisia, Paris and Brussels
3. Share lessons learned from the different programme models
4. Help attendees plan a psychological response to a disaster affecting their area

Aims:

5. To learn about what is known about psychological response to disasters
6. To share information about the programmes for Tunisia, Paris and Brussels that were delivered in Scotland, Wales and England
7. To develop an understating of how to approach and plan for a psychological response to a disaster (How to think strategically in an emotional time)

Plan

1. Set the scene – background information about key points about psychological response to disasters
2. Information about our programmes
3. Learning outcome
4. Skills / issues that PTSD clinicians need to consider (need to be creative on how we deliver this) i.e if there is a disaster on their door step? Case example (Croydon?), big/small group discussions?

Some ideas for this:

- Should mental health professionals get involved in disaster response? How? When? (big group discussion?)
- Who are the stakeholders, who do we contact? (big group exercise?)
- What are the barriers: personal, in your organisation, between organisations (small groups discussions?)
- What are your goals when planning a response?
 - In the immediate aftermath
 - Short term, medium term?