

Gill Moreton
Psychological Therapist / EMDR Europe Consultant
Rivers Centre for Traumatic Stress, NHS Lothian, Edinburgh

Gill is a psychological therapist at the Rivers Centre for Traumatic Stress in Edinburgh specialising in the treatment of adults who have developed traumatic stress reactions. She is involved in training and research in the UK and internationally and has a particular interest in work with emergency service personnel and other staff with occupational exposure to potentially traumatic stressors.

Gill began her professional career in 1991 as a child and family social worker and team manager in Central Regional Council with a special interest in work with survivors and perpetrators of domestic violence and child sexual abuse. In 1996 she was involved in the immediate response to the shootings at Dunblane Primary School and in the establishment of the Dunblane Support Centre where she worked for the next five years.

Since then she has specialised in the treatment of children and adults affected by trauma, completing psychotherapy training in CBT and EMDR. She was coordinator of the CAMHS Child Sexual Abuse service, (now called the Meadows Team) in NHS Lothian prior to joining the Rivers Centre for Traumatic Stress in June 2002. Gill continues to provide supervision to staff working in the Meadows team and EMDR supervision to a wide range of NHS colleagues.

Gill is the lead clinician for all of the Rivers Centre's external contracts and manages the services The Rivers Centre provides to the Scottish Fire and Rescue Service, the Scottish Ambulance Service, City of Edinburgh Council and the Scottish Jury Service. She is currently lead for the Lifelines Scotland project providing training on self care and peer support to volunteer emergency responders.

Gill is co-author of the national guidance Responding to the Psychosocial and Mental Health Needs of People Affected by Emergencies and oversaw the production on the online e-learning module, Psychological First Aid. Care following major incidents. She is working currently with the Scottish Government to develop a model for improving the psychosocial response to people affected by terrorist incidents happening overseas.

Gill was a founder member of the UK Psychological Trauma Society and is the current chair of the Scottish Trauma Advisory Group.