

## **Biography Dr. Idit Albert**

Dr Idit Albert, Consultant Clinical Psychologist, qualified as a clinical psychologist (1999) and CBT therapist (2002) from the Institute of Psychiatry, King's College, London. She is the PTSD lead for the Psychological Medicine Integrated Care Clinic Academic Group in SLAM. She works at Centre for Anxiety Disorders & Trauma and was a therapist on Professors Anke Ehlers and David Clark's randomised control trials for trauma focused CBT.

Idit is the service lead for Psychological Response to Traumatic Events, a national service for survivors of overseas terrorist attacks (Tunisia, Paris & Brussels). She led the Trust's Ebola Psychological Support service for British aid workers. Idit led on overseas projects for veterans and survivors of human trafficking for the International Organisation for Migration (Geneva).