

Abstract

In the absence of a NICE guideline or Cochrane review for Complex PTSD in the UK, UKPTS has recently published a good practice guideline for those working clinically or planning services for people with CPTSD. This workshop will introduce the concept of complex PTSD and its theoretical underpinnings. It will explore the phase-based approach and the controversy around this using clinical case material and research data. Finally, implications of the guidelines for service planning will be considered